

## Fatigue Management

### Basic Fatigue Management (BFM)

BFM accreditation offers more flexible hours and allows 14 hours working in a 24 hour period.

Drivers must complete course TLIF1007C - Apply Fatigue Management Strategies.

Schedulers must complete course TLIF6307A - Administer the Implementation of Fatigue Management Strategies.

You will need to undertake both courses if you have both the role of driver and scheduler. This will be especially important for owner/drivers.

	<b>BFM- TLIF1007C</b>	<b>Schedulers- TLIF6307A</b>	<b>Both courses on the same day</b>
Duration of Course	2 Hour Day	6 Hour Day	8 Hour Day
Training Cost	\$165.00	\$220.00	\$350.00
<b>Total Fees Payable to Kells Training Centre</b>	<b>\$165.00</b>	<b>\$220.00</b>	<b>\$350.00</b>

### Requirements for fatigue Training.

- Workbooks will be issued prior to attending training session. Activities **MUST** be completed prior to registration. Participants will be turned away if activities are not completed.

**Trainer:** John Kells

**Where:** 11 Oldfield Circuit, St Clair. NSW.2759

**Time:** Registration 7.45am for BFM and 11.45am for Schedulers

### BFM Elements covered:

- Identify and act upon signs of fatigue
- Implement strategies to minimise fatigue
- The use of the Work diary

### Schedulers Elements covered:

- Monitor the implementation of fatigue management strategies
- Recognise breaches of fatigue management policies, procedures and regulations
- Develop and assess staff competence in fatigue management
- Provide feedback to employees on any shortcomings in fatigue management skills and knowledge
- Report on the implementation of fatigue management policy

### Training Schedule for Fatigue Training

<b>April</b>	<b>May</b>	<b>June</b>
<b>11<sup>th</sup> – 8.00am</b>	<b>TBA</b>	<b>TBA</b>

Useful direct link:

<http://163.189.7.150/heavyvehicles/safety/hvfatigue/index.html>



**Kells training Centre Nationally Recognised Training Provider, accredited by the NSW Vocational Education & Training Accreditation Board.**

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